

## Executive Health Check-up Well Women Health Screening

PKR. 24,500/-

This package is tailored for women to assess different components of their health and fitness.

- CBC & ESR
- Blood Sugar Fasting
- Lipid Profile
- Serum Calcium
- Vitamin D
- Pap Smear Test/ HbA1c (if unmarried)

### Other Investigations

- Ultrasound Pelvis
- Screening Mammography

### Consultations & Examinations

- Gynaecologist's Consultation & Check-up
- Breast Surgeon's Consultation & Check-up
- Nutritional Counselling

*\*Breakfast (After Sample Collection)*

### Instructions for Patients

- Appointment should be taken a week before.
- At least 12 hour fasting is required before the tests.
- Wear comfortable clothes and shoes.

### Book Your Appointment Today!

Phone: **021-34413199 & 0300-0653213**

Email: [executive.screening@lnh.edu.pk](mailto:executive.screening@lnh.edu.pk)

Location: Senior Citizens Primary Care Unit, Liaquat National Hospital





# Liaquat National Hospital

Institute for Undergraduate and Postgraduate Medical Studies and Health Sciences

## Executive Health Check-up Obesity Screening Package

PKR. 12,000/-



This screening uses Body Mass Index (BMI) and other investigations to detect any medical issue causing the excess weight that can put you at risk for a variety of serious health problems.

- CBC & ESR
- Blood Sugar Fasting
- Lipid Profile
- Liver Function Tests
- Urine D/R
- Body Mass Index
- % Visceral Body Fat

### Other Investigations

- ECG

### Consultations & Examinations

- Physician's Consultation & Check-up
- Nutritional Counselling

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### Instructions for Patients

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## Executive Health Check-up Health Screening for Men

PKR. 14,800/-



This health screening package is customized for men to be motivated in maintaining their overall health and encourage long-term health and wellness.

- CBC & ESR
- Blood Sugar Fasting
- Lipid Profile
- Prostate Specific Antigen

### Other Investigations

- Ultrasound Prostate
- ECG

### Consultations & Examinations

- Urologist Consultation & Examination

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### Instructions for Patients

- Appointment should be taken a week before.
- At least 12 hour fasting is required before the tests.
- Wear comfortable clothes and shoes.

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## Executive Health Check-up

Comprehensive Health Screening  
for Males aged above 50 years

PKR. 48,100/-

This health screening is an important element of disease prevention in men over 50 years of age to evaluate conditions that can be a cause of any significant morbidity and mortality in this age group.

- CBC & ESR
- Blood Grouping
- Blood Sugar Fasting
- HBA1C
- Urea/Creatinine & Electrolytes
- Lipid Profile
- Liver Function Tests
- Serum Calcium
- Vitamin D
- TSH
- Hepatitis 'B' Surface Antigen
- Anti HCV
- Urine D/R
- Stool D/R
- Prostate Specific Antigen

*\*Breakfast (After Sample Collection)*

### Instructions for Patients

- Appointment should be taken a week before.
- At least 12 hour fasting is required before the tests.
- Wear comfortable clothes and shoes.

### Book Your Appointment Today!

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Location: Senior Citizens Primary Care Unit, Liaquat National Hospital

### Other Investigations

- ECG
- Echocardiogram
- X-ray Chest
- Ultrasound Prostate

### Consultations & Examinations

- Physician's Consultation & Check-up
- Optometrist's Review
- Dental Examination
- Nutritional Counselling





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## Executive Health Check-up

Comprehensive Health Screening for  
Females aged above 50 years

PKR. 51,000/-

This health screening is an important element of disease prevention in women over 50 years of age to evaluate conditions that can be a cause of any significant morbidity and mortality in this age group.

- CBC & ESR
- Blood Grouping
- Blood Sugar Fasting
- HBA1C
- Urea/Creatinine & Electrolytes
- Lipid Profile
- Liver Function Tests
- Serum Calcium
- Vitamin D
- TSH
- Hepatitis 'B' Surface Antigen
- Anti HCV
- Urine D/R
- Stool D/R
- Pap Smear Test

### Other Investigations

- ECG
- Echocardiogram
- X-ray Chest
- Ultrasound Pelvis
- Screening Mammography

### Consultations & Examinations

- Physician's Consultation & Check-up
- Optometrist's Review
- Dental Examination
- Nutritional Counselling

*\*Breakfast (After Sample Collection)*

### Instructions for Patients

- Appointment should be taken a week before.
- At least 12 hour fasting is required before the tests.
- Wear comfortable clothes and shoes.

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## Executive Health Check-up

### Cardiac Health Screening Package

PKR. 26,200/-

This health screening package enables to assess cardiac health condition.

- Lipid Profile
- BSR
- FBS
- Uric Acid
- Urine D/R
- CBC
- Creatinine

#### Other Investigations

- ECG
- ECHO
- ETT

#### Consultations & Examinations

Cardiologist Consultation & Examination

*\*Breakfast (After Sample Collection)*

#### Instructions for Patients

- Appointment should be taken a week before.
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## Executive Health Check-up Adolescent Health Screening

PKR. 16,500/-

This health Screening Package is advisable for adolescents (Aged 14 to 18 years) to assess their physical and emotional growth and development.

- Blood Grouping
- Lipid Profile
- Serum Calcium
- Vitamin D
- Urine D/R

### Consultations & Examinations

- Adolescent Specialized Physician's Consultation & Check-up
- Optometrist's Review
- Dental Examination
- Nutritional Counselling
- Behavioral / Psychological Counselling

*\*Breakfast (After Sample Collection)*

### Instructions for Patients

- Appointment should be taken a week before.
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- Wear comfortable clothes and shoes.

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## Executive Health Check-up

### Basic Health Screening

PKR. 23,200/-



This base line health screening package enables to asses an overall health condition.

- CBC & ESR
- Blood Grouping
- Blood Sugar Fasting
- Lipid Profile
- Liver Function Tests
- Serum Calcium
- Vitamin D
- Urine D/R
- Stool D/R

#### Other Investigations

- ECG
- X-ray Chest

#### Consultations & Examinations

- Physician's Consultation & Check-up
- Optometrist's Review
- Dental Examination
- Nutritional Counselling

*\*Breakfast (After Sample Collection)*

#### Instructions for Patients

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