



Liaquat National Hospital

Institute for Undergraduate and Postgraduate Medical Studies and Health Sciences

Senior Citizens

Primary Care Unit

**Caring for your parents because they
deserve the best!**



Contact:
021-34413199 | 0300-0653213

Location:
Senior Citizens Primary Care Unit
Liaquat National Hospital

Mon To Sat
09:00 AM To 04:30 PM

CARE & SERVICES



HEALTHCARE NEEDS

- Basic Health Assessment on every visit
- Doctor's Consultation
- All-day Nursing Care
- Referrals to Specialty Clinics as per need



PSYCHOLOGICAL HEALTH / MENTAL WELL - BEING

Mental Health assessment & counselling sessions with Psychologist



PHYSIOTHERAPY

Appropriate physical exercise can help reduce falls and maintain posture



NUTRITION

Nutritional Consultation to improve diet and healthy weight management plans for elderly



RECREATIONAL & SOCIAL ACTIVITIES

Games & Sports, Indoor and outdoor walk, Gym, Art, Music, Movies, Interactive and Inspirational talk, Sessions by Occupational Therapists



Package	No. of days	Timings	Validity	Price (PKR)
Package 1 (Daily Half Day)	01	9:00 am - 1:00 pm (Mon - Sat)	One Day	1,000
Package 2 (Daily Full Day)	01	9:00 am - 04:30 pm (Mon - Sat)	One Day	1,500
Package 3 (Weekly Half Day)	06	9:00 am - 1:00 pm (Mon - Sat)	01 Month	5,000
Package 4 (Weekly Full Day)	06	9:00 am - 04:30 pm (Mon - Sat)	01 Month	7,500
Package 5 (Monthly)	25	9:00 am - 04:30 pm (Mon - Sat)	50 working days	35,000

PLEASE CALL OR VISIT US TO DISCUSS THE REQUIREMENTS AND WE WILL OFFER CUSTOMIZE PACKAGES AND SERVICES TO MEET THE NEED.